Breaking Emotional Barriers.♥💞♥

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When we set boundaries
to shield ourselves from emotions,
someone comes along to teach us
that emotions are universal,
breaking down our barriers
and opening our hearts.

-evelin

As someone who has always hidden her tears and emotions, I believed crying made me weak. My parents never saw me cry from emotional pain, but with him, I could. While others might find it easy to cry in front of people, I despised it. Our relationship began when I revealed my emotional vulnerability to him. Recently, I tried to suppress my tears, and seeing people cry in videos or photos felt overly dramatic to me. I always reminded myself not to cry publicly. Yet, he broke those boundaries. He showed me that emotions don't adhere to specific places or times—they emerge naturally. Although we might control them, we can't bury them forever. I always wished for someone with whom I could share my tears, and now he is here.

Thank you for this support and companionship, and for allowing me to show my tears when everyone else only wanted to see my happy face but failed to see tears behind it♥ 💞♥…